

Letter to the Editor

GATAD2B Associated GAND Syndrome

Dear Editor,

GAND syndrome (OMIM 615074) is caused by loss-of-function mutation of *GATAD2B* gene.^{1,2} Only less 100 cases were reported¹⁻³ since its first described in 2013.⁴ It usually onset in infancy, and characterised by global neurodevelopmental delay and poor speech acquisition. Patients have hypotonia and feeding difficulties in infancy and may relief later. Characteristic facial features, including frontal bossing, hypertelorism, deep-set eyes, posteriorly rotated ears, and elongated wide nose with prominent nasal tip, were common reported. More variable features may include macrocephaly, seizures, and cardiac abnormalities.¹⁻³

A 5-year-old boy presented for language development retardation. He was G3P3 of non-consanguineous parents with a birth weight of 3.0 kg. He presented little cries after birth without feeding difficult. Global neurodevelopmental delay was noted. He couldn't walk until 3 years old, and couldn't speech and communication till now. His older brother and sister were healthy. Physical examination showed a height of 110.5 cm (about P₅₀), a weight of

20.5 kg (about P₇₅), and a head circumference of 50.2 cm (about P₅₀). Horseface, frontal bossing, hypertelorism, deep-set eyes, downslanting palpebral fissures, elongated wide nose with prominent nasal tip, a large and broad mouth, protruding tongue, pointed chin, and dentition irregularity were noted (Figure 1).

Liver and kidney function, blood gas and electrolyte, thyroid function, blood MS/MS, hepatosplenic ultrasonic, and echocardiography, were all normal. On the brain MRI, no significant was found except larger occipital cistern. Whole exon sequencing (WES) found a heterozygous mutation of c.1363del (p. Ala455Leufs*7) in the exon 8 of *GATAD2B* gene, which was not found in his parents (Figure 2). It was regarded as "pathogenetic" according to ACMG recommendation.

To our knowledge, this is the first case of GAND syndrome reported from China. Recently, Nikam et al¹ summarised 18 cases with *GATAD2B* mutation, Shieh et al² reported 50 cases, and Vera et al³ reported 19 cases. These implied that the incidence of GAND syndrome may be underestimated.

As one of the neurodevelopmental delay diseases, the clinical features were variable and less specificity. Our patient presented serious mental and language development retardation, characteristic facial features,



Figure 1 Clinical manifestations of the patient. (a) Horseface, frontal bossing, hypertelorism, deep-set eyes, downslanting palpebral fissures, and elongated wide nose with prominent nasal tip, a large and broad mouth, protruding tongue, and pointed chin; (b) Dentition irregularity.

motor development delay, and larger occipital cistern. These were consistent with main clinical features in previous studies. It was notable that our case did not present the feeding difficulties, macrocephaly, seizures, or cardiac abnormalities, but showed protruding tongue, which is usually found in Down syndrome and never reported in other cases with GAND syndrome. Hence, further analysis on the clinical features with large samples may be required.

The genetic diagnostic analysis maybe the only method to confirm the diagnosis of this rare condition. In our patient, a new *de novo* mutation cause frameshift and terminate early was found. Combine the clinical features, the diagnose of GAND syndrome were confirmed. Unfortunately, he was not diagnosed until he was 5 years old. Although microdeletion and 1q21.3 deletion involving *GATAD2B* gene⁵ were also reported, high throughput sequencing (e.g. WES) should be considered as the first

line methods and should be performed as early as possible to confirmed the diagnosis.

In summary, in patients with serious mental and language development retardation, and characteristic facial features, GAND syndrome should be considered in the differential diagnosis. Brain imaging and echocardiography should be considered to exclude other abnormalities, and genetic analysis should be performed early.

Acknowledgments

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Conflict of Interest

None.

References

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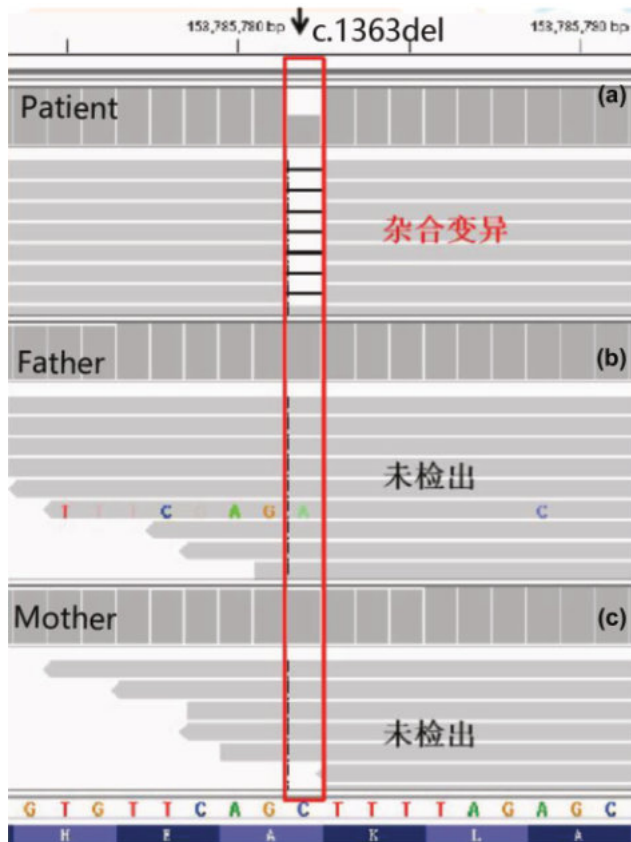


Figure 2 Whole exon sequencing results of *GATAD2B* gene in the patient's family. (a) Heterozygous mutation of c.1363del in the exon 8 of *GATAD2B* gene in patient; (b) No similar mutation of *GATAD2B* gene in his father; (c) No similar mutation of *GATAD2B* gene in his mother.

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